## Mathematical models and tools to understand coupled circadian oscillations and limit cycling systems

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#### Introduction

- Circadian rhythm: an internal rhythm that regulates many body processes including the sleep-wake cycle, digestion and hormone release.
- Circadian rhythms exist across animal and plant species
- The ability of a circadian system to entrain its "central" and "peripheral" oscillators to the 24-hour light-dark cycle (LD) is one of the most important properties.



# Dynamics of a Hierarchical Circadian System



Leise and Siegelmann, 2006 JBR

The nature of entrainment (advance vs delay) depends on how lights are shifted

## Phase-locking due to periodic forcing

- This type of problem has been extensively studied in a variety of contexts
- Keener et al 1981, Bressloff 1992, Coombes & Owen 2003, Laing & Longtin 2003, Medvedev & Cisternas 2004 .... many more
- Circadian literature: Kronauer's group 1990s-, Ronnenberg's group 2000s-, Goldbeter's group 2000s-, Herzel's group 2000s-, Peskin and Forger 2003, 2004...many more
- Phase-locking described either through Arnold Tongue structure or Devil's Staircase (Denjoy's Theorem for Circle Maps)

#### **Central Goals**

- Derive an analytic/computational map-based method to assess the entrainment process as well as the effect of relevant parameters.
- Determine how the entrainment properties of central and peripheral oscillators may differ in a hierarchical circadian network.
- Identify important mathematical structures that help explain empirical observations. In fact, the map reveals the existence of saddle structures that organize the dynamics.

## Main topics

- Part 1: Existing methods and some applications.
- Part 2: Entrainment map for coupled Kuramoto oscillators.
- Part 3: Entrainment map for coupled Novak-Tyson

oscillators.

#### Part 1

## Phase reduction

 A classical method (Winfree, 2001; Brown et al, 2004) that reduces a multi-dimensional limit cycle oscillator into a one-dimensional phase oscillator, which often relies on averaging.

 Many phenomena such as chemical reactions, electric circuits, mechanical vibrations, cardiac cells can be studied by this method.

#### Parameterization

- Give a phase-amplitude coordinate system near the limit cycle.
- The parameterized space has simpler dynamics.
- It is often applied to find invariant manifolds (Castelli et al., 2015; Cabre, et al., 2005).
- For limit cycle, it can be applied to find the isochrones and isostable curves (Guillamon, 2020).

#### Application on computing isochrones

**Unforced Novak-Tyson oscillator** 

$$egin{aligned} &rac{1}{\phi}rac{dP}{dt} = M-k_DP-k_frac{P}{0.1+P+2P^2}\ &rac{1}{\phi}rac{dM}{dt} = \epsilon(rac{1}{1+P^4}-M) \end{aligned}$$



 Isochrones are the invariant set for different initial conditions to have same phase.



#### Circadian oscillators: Two "unforced" limit cycles

- Either in experiment or model, the oscillator can be subjected to 24 hours of constant darkness **DD** or constant light **LL**
- In the presence of LD-periodic forcing, the trajectory will bounce back and forth between these two "unforced" limit cycles (Peterson, 1980).
- These oscillators will lie in different locations in phase space and presumably have different attractive structures (e.g. isochrons)
- We note that this attraction to either the LL or DD limit cycles is transient so the manifolds of either limit cycle are NOT invariant for the periodically forced flow.



- Hierarchical system modeled as Kuramoto oscillators
- Analysis on the entrainment map
- Numerical results

#### Hierarchical system modeled as Kuramoto oscillators

$$egin{aligned} &rac{d heta_0}{dt} = \omega \ &rac{d heta_1}{dt} = \omega_1 + kf( heta_0)\sin( heta_0- heta_1) \ &rac{d heta_i}{dt} = \omega_i + lpha_{i-1}\sin( heta_{i-1}- heta_i), \ i=2,\ldots,N. \end{aligned}$$

#### $f( heta_0) = Heaviside(\sin( heta_0))$



#### Single oscillator case: 1-D entrainment map

$$egin{aligned} &rac{d heta_0}{dt} = \omega \ &rac{d heta_1}{dt} = \omega_1 + kf( heta_0)sin( heta_0 - heta_1) \end{aligned}$$

$$x\mapsto F(x,k)=x+\omega
ho\ mod\ 2\pi$$

- x is defined to be the value of  $\theta_0$ , which is the phase of light-dark forcing.
- ho measures the return time when the oscillator first returns to the chosen Poincare section:  $heta_1=\pi$ .

### 1-D entrainment map

- Easy to find the stable and unstable periodic orbits.
- Easy to calculate the entrainment time by iterating the map.
- Easy to see the direction of entrainment by cobwebbing (phase advance vs delay).
- Easy to show dependence on parameters.
- Discontinuity moves to the boundary as we increase k.



#### 2-D entrainment map

$$egin{aligned} rac{d heta_0}{dt} &= \omega \ rac{d heta_1}{dt} &= \omega_1 + kf( heta_0)sin( heta_0 - heta_1) \ rac{d heta_2}{dt} &= \omega_2 + lpha_1sin( heta_1 - heta_2) \end{aligned}$$



Put a Poincare section at  $\, heta_2=\pi$  , and let  $\,x= heta_0\,,y= heta_1$ 

$$egin{aligned} x\mapsto F_1(x,y,k,lpha)&:=x+\omega
homodemodox 2\pi\ y\mapsto F_2(x,y,k,lpha)&:=y+\omega_1
ho+kI_1modemodox I_1modemodox 2\pi \end{aligned}$$

$$I_1 = \int_0^
ho f( heta_0) \sin( heta_0 - heta_1) dt$$

#### Necessary conditions on entrainment.

$$egin{aligned} F_1(x,y,k,lpha_1)-x&=0\ F_2(x,y,k,lpha_1)-y&=0. \end{aligned}$$

Reduced to

$$\sin( heta_1(s_1)- heta_2(s_1))=rac{\omega-\omega_2}{lpha_1}\ \sin( heta_0(s_2)- heta_1(s_2))=rac{2(\omega-\omega_1)}{k}.$$

For entrainment, we need  $\,k\geq 2(\omega-\omega_1), lpha_1\geq \omega-\omega_2.$ 

#### Number of fixed points (schematic explanation)

$$\sin( heta_1(s_1)- heta_2(s_1))=rac{\omega-\omega_2}{lpha_1}\ \sin( heta_0(s_2)- heta_1(s_2))=rac{2(\omega-\omega_1)}{k}.$$

- Number of fixed points depend on the number of intersections of the line and the sin function.
- The number of fixed points have four possibility: 0,1,2,4.
- Detailed proof is in the dissertation.



#### Numerical results of the fixed points analysis.

• No entrainment:  $k < k_c, lpha_1 < lpha_c$ 

• Different number of fixed points are separated by the green curves.



#### Nullclines of the map for different parameters values.

Red curve: x-nullcline Blue curve: y-nullcline

- (a)  $k=0.1, lpha_1=0.1$
- (b) Large k:  $k=2, lpha_1=0.1$
- (c) Large a:  $k=0.12, lpha_1=2$
- (d) Both large:  $k=2, lpha_1=2$



### Numerical results for case (a)

- Stability of fixed points: A stable;
   B & C saddle; D unstable.
- Entrainment time is computed by iterating the map on each initial conditions.
- Manifolds visualization by Lagrangian descriptors method. (Lopesino et al., 2015).
- Discretized arclength plot and its gradient plot.



#### Conclusions from Kuramoto model

• Number of fixed point is bounded by four.

• Entrainment time revealed structure of stable and unstable manifolds of the map.

• Dynamics of the map are organized by the manifolds of the two saddle points.

• Generalization to the N+1 oscillator case is discussed in the dissertation.



• Coupled Novak-Tyson (CNT) oscillators.

 Entrainment map. (Liao, Diekman and Bose, 2020 SIADS)

#### Existing 1-D entrainment map

Novak-Tyson model:

$$egin{aligned} &rac{1}{\phi}rac{dP}{dt} = M - k_f h(P) - k_D P - k_L f(t) P \ &rac{1}{\phi}rac{dM}{dt} = \epsilon \left(g(P) - M
ight) \end{aligned}$$

$$egin{aligned} g(P) &= rac{1}{1+P^4}, \ h(P) &= rac{P}{0.1+P+2P^2}. \ f(t) &= Heaviside(sin(rac{\pi}{12}t)). \end{aligned}$$



- Non-autonomous.
- Piecewise smooth periodic forcing.

### Existing 1-D entrainment map

$$y_{n+1}=\Pi(y_n)=y_n+
ho(y_n)\ mod\ 24$$

- y is defined to be the phase of light-dark forcing.
- ρ(y) measures the return time when the oscillator first returns to the chosen Poincare section.
- Structure of the map is similar to the one from the Kuramoto model.



#### The coupled Novak-Tyson model

$$egin{aligned} &rac{1}{\phi_1}rac{dP_1}{dt} = M_1 - k_f h(P_1) - k_D P_1 - k_{L_1} f(t) P_1 \ &rac{1}{\phi_1}rac{dM_1}{dt} = \epsilon [g(P_1) - M_1] \ &rac{1}{\phi_2}rac{dP_2}{dt} = M_2 - k_f h(P_2) - k_D P_2 \ &rac{1}{\phi_2}rac{dM_2}{dt} = \epsilon [g(P_2) - M_2 + (lpha_1 M_1) g(P_2)] \end{aligned}$$

• This is a hierarchical network with oscillators at different levels of hierarchy.



#### Phase plane analysis

- The DD, LL and LD limit cycles of each oscillator.
- Poincare section is selected on the second oscillator.
- X = phase of O<sub>1</sub>
- Y = phase of LD





#### Surfaces and nullclines of the map



Geometrically find the fixed points of the map: use corresponding diagonal plane to intersect the surface of  $\Pi_1$  and  $\Pi_2$ .

#### Surfaces and nullclines of the map (use top view)



Geometrically find the fixed points of the map: use corresponding diagonal plane to intersect the surface of  $\Pi_1$  and  $\Pi_2$ .

## Stability and entrainment times

- The stability of the fixed points for the map reveal the properties of the original system under certain conditions.
- The entrainment time plot helps locating the stable manifolds.

	X	у	eigenvalue	stability
A	10.6	10.6	(0.1609,0.4453)	sink
в	17.2	17.2	(2.0858,0.4238)	saddle
С	10.6	21.1	(2.325,0.2734)	saddle
D	17.2	3.5	(1.595+0.77i,1.595-0.77i)	source



#### Iterates and manifolds



- The phase portrait with 10 iterates of each point.
- The unstable and stable manifolds of the saddle points B and C are calculated by growing method and Search Circle (SC) method. (Krauskopf, B. & Osinga, H., 1997; England, J.P., Krauskopf, B. & Osinga, H.M., 2004.)

#### Different directions of entrainment





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Leise and Siegelmann, 2006 JBR

Our results suggest that the saddle structures exist for this model.

#### Conclusions

- The 2-dimensional entrainment map reveals the mathematical structures underlying the different types of entrainment behaviors.
  - The saddle points and their manifolds organize how iterates approach the stable LD-entrained solution.
  - Though not discussed, the entrainment time plots can be used to calculate jet lag recovery (see Diekman & Bose 2018, JTB)
- The map behaves in stereotypical ways across different circadian models making it easy to understand or predict parameter dependencies.
- Though not discussed here, the entrainment map should still "be applicable" in the presence of modest stochasticity and/or noise
- The map does not give us a proof of the existence of periodic orbits for the CNT model that correspond to the fixed points B, C and D.
- The map does not give complete information, however, as it is constructed only in a neighborhood of the LD entrained solution.

Appendix

#### Example of phase reduction

- 1. Periodic orbit of FitzHugh-Nagumo model.
- 2. The zero-phase point  $x_0$  is chosen to correspond to the peak of the potential.
- 3. The dynamics near the periodic orbit are well described by the phase model.



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### Application

• The linear approximation of  $P(\theta, \sigma)$  is applied for computing isochrons of some biological oscillators.

$$x = P( heta, \sigma) = \gamma( heta) + \sigma e^{-\mu heta} \Phi( heta) ec{u} + o(\sigma^2)$$

• Isochrons are the level sets of the function  $\Theta(x)$  defined in the phase reduction method.

#### Number of fixed points is bounded above by four.

$$\sin( heta_1(s_1)- heta_2(s_1))=rac{\omega-\omega_2}{lpha_1}\ \sin( heta_0(s_2)- heta_1(s_2))=rac{2(\omega-\omega_1)}{k}.$$

Choose k and  $\mathbf{a}_1$ , such that the value of the right hand side is between 0 and 1. Hence,

$$egin{aligned} & heta_1(s_1) - heta_2(s_1) = eta_i(s_1), i = 1, 2, \ & heta_1(0) - heta_2(0) = eta_i(0). \end{aligned}$$

Since  $heta_2(0)=\pi$   $y_0= heta_1(0)=eta_i(0)+\pi.$ 

Similarly, we can show

$$x_0 = heta_0(0) = \zeta_j(0) + heta_1(0) = \zeta_j(0) + eta_i(0) + \pi.$$

# Change in the number of fixed points for large values of parameters.

Let  $au=lpha_1 t$  , we obtained the fast equations.

 $oldsymbol{ heta}_2$  becomes synchronized to  $y= heta_1(0)_1$ 

Let  $\epsilon = 1/lpha_1$ , the equations on original time scale becomes

On the original time scale,  $\theta_1 = \theta_2$ remains. Thus when  $\theta_1$  returns to the Poincar\'e section again,  $y = \pi$ .  $egin{aligned} rac{d heta_0}{d au} &= 0 \ rac{d heta_1}{d au} &= 0 \ rac{d heta_2}{d au} &= \sin( heta_1 - heta_2) \end{aligned}$ 

$$egin{aligned} &rac{d heta_0}{dt} = \omega \ &rac{d heta_1}{dt} = \omega_1 + kf( heta_0)\sin( heta_0- heta_1) \ &\epsilonrac{d heta_2}{dt} = \epsilon\omega_2 + \sin( heta_1- heta_2), \end{aligned}$$

#### The 1-D pre-entrained map

$$egin{aligned} &rac{1}{\phi_2}rac{dP_2}{dt} = M_2 - k_f h(P_2) - k_D P_2 \ &rac{1}{\phi_2}rac{dM_2}{dt} = \epsilon_2 [(g(P_2) - M_2) + (lpha_1 M_1)g(P_2)] \end{aligned}$$

Poincare section is selected at

$$\mathcal{P}: P_2 = 1.72, |M_2 - 0.1289| < \delta$$

In the pre-entrained case, oscillator 1 is a periodic forcing into oscillator 2.





#### The 1-D pre-entrained map

$$y_{n+1}=\Pi_{pre}(y_n)=(y_n+
ho(y_n;\gamma(y_n)))\ mod\ 24$$

- y has the same definition as before.
- The return time ρ(y) is evaluated for oscillator 1 at a certain location which is determined by y.
- $\gamma(y) = \varphi_y(X_0)$  is a point on oscillator 1's limit cycle



#### **Construction of the 2-D entrainment map**

$$\begin{array}{ccc} (x,y) & \xrightarrow{f_1: \text{ map x to its limit cycle}} & (P_1(x), M_1(x), y) \\ \Pi & & & \downarrow S: \text{ apply Poincaré map} \\ (x',y') & \xleftarrow{f_2: \text{ phase angle projection}} & (P',M',y+\rho(x,y)) \end{array}$$

The map is written as

$$\Pi(x,y)=f_2\circ S\circ f_1(x,y)$$

## Parameter dependance.

- The x & y nullclines change systematically as we vary the value of α<sub>1</sub>.
- The entrainment time plot under different value of coupling strength (α<sub>1</sub>).



